

CONNECTIONS

WINTER 2015

Learning Curves in Nursing Leadership

A Retrospective Report on the STTI Leadership Connection Conference

By Elaine Van Buren-Rizzo

Sigma Theta Tau International (STTI)
Leadership Connection • Indianapolis, IN
24 – 27 September 2014

Even though I knew little about the STTI Leadership Connection, this conference seemed like a good place to start in raising my own awareness about the international organization. It also gave me exactly what I needed in order to learn more about my role as an active leader on the local level.

Leadership Style

It was apparent that I had made the right decision in attending this particular meeting from the opening plenary session when Cathy Catrambone, PhD, RN, FAAN, STTI President-Elect stepped to the podium. Cathy began her talk by discussing the importance of developing a personal leadership style. She touched upon aspects of the journey up to her present position. I felt as if she were speaking directly to me. She mentioned her personal choices and confided having feelings of inadequacy that sometimes surfaced along the way. She said too, that she was more ready to take on a leadership role than she realized. She praised her mentors for their support and their ability to challenge her with subtle expectations. Successful mentoring, she explained, came from clarification of roles when communicated by parties early in the relationship.

The nurses at my table agreed that for a national nurse leader, Cathy was very relatable. She gave practical advice and then asked us to outline the next two steps on our personal leadership path. She also asked us to identify the next two steps to

promote leadership and growth in our own chapters. Our charge was to complete this assignment by the end of the conference.

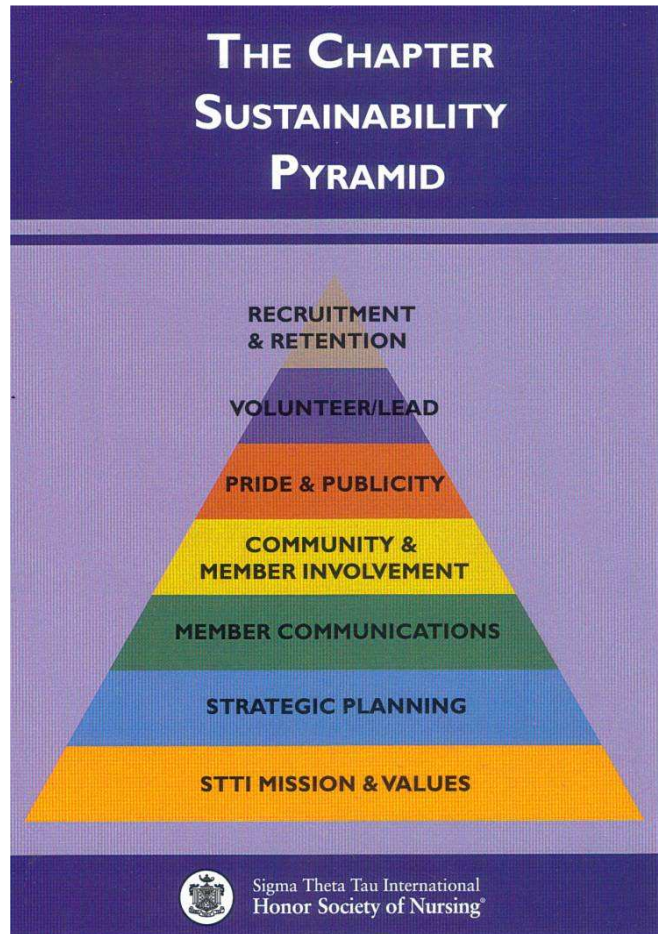
Shared Pride and Productivity

The next session I joined was for helping to develop effective board members. Similar to the intro by the president-elect, it addressed role development as well as how to attract future leaders. Step one, was to learn more about the chapter and my role in it. Then, after understanding the mission and vision could I build a sense of community through shared pride and productivity. Jenny Hoffman, STTI Chapter Program Advisor and Becky Schafer, STTI Global Chapter Advisor suggested recognizing current leaders within the organization, but also the emerging leaders. The “Hall of Fame” and “Rising Stars” platforms were equally important in the organization. Providing informal opportunities for the two to mix was a part of community building. Cathy Catrambone called it igniting the spark of possibility in others while seizing the moment as an informal mentor, by sharing your own story.

Sense of Community

The following concurrent session entitled “Five Easy Ways to Create a Sense of Community” was at the end of a long day and the “easy” was an attractive concept. Sabrina Collins-Christie, STTI Membership Manager and Janell Jackson, STTI Member and Volunteer Specialist were energetic, fun speakers. They emphasized knowing who you are. For me, this meant knowing the proper way to cite the name of my chapter or note its history in chapter years. How to keep in touch with the membership and what goals to set now and for the future were priorities. Additional tips included building pride from

within and establishing short-term opportunities for the commitment shy. Through publicizing of events, and in welcoming all members we could accomplish this outreach. This sounds almost too easy, right?



Personal / Professional Passions

The second plenary session on day two focused on balancing professional and personal passions. Patricia E. Thompson, EdD, RN, FAAN, STTI CEO talked about when the balance includes volunteer work. Most members of STTI as leaders, scholars, and educators are busy people. She took a pragmatic look at the work of someone in a high-powered or very visible position. She spoke about creating designated workspaces and becoming efficiency experts. Calendars were for appointments with others as well as for her to get tasks done. She reflected upon aligning oneself with the right people and people with the right attitudes. For her, there were four types of people. They were the willing and able, willing and unable, able but unwilling, and the unwilling and unable. The first group was ideal.

While the middle groups would be frustrating, there may be some possibility of positive outcomes and the last group she recommended—avoiding. The hard part was separating one from the other.

Recruitment and Retention

Michelle Lilly, STTI Constituent Engagement and Training Specialist, and, in my opinion, the face of STTI online, talked about attracting new leaders, instead of “recycling” the same board members. She reinforced the importance of knowing who the members are and what they want. Before asking someone to volunteer or run for a position, invite him or her to simply join in the fun and of course ensure that your meetings carry the same message. Short-term commitments that overlap with mentor guidance seem less intimidating to most. Volunteers want convenience and a warm welcome. Informal gatherings allow people to test the waters before taking the plunge.

Communication and Publicity

The conference ended with one more message from Sabrina Collins-Christie, “Spread the Word”. Quite candidly, we must communicate, within the chapter, with the membership, and to the outside community. She suggested creating a schedule of timely and consistent messaging. Hardly anyone felt that this was a job for one person but with increased member involvement, various pieces might be more easily distributed. If chapters want members to be involved, they need to better advertise the benefits of belonging. In addition to programs and services, benefits are member rewards. Surveys were highly recommended as was using a point of interest like a giveaway of the annual dues or a gift card to increase survey responses. Another tip was to target special interest groups by geography, years of experience or areas of practice. Most chapters did not know who their members were! This was a very real consideration for me to explore.

Volunteer and Lead

Hester C. Klopfer, PhD, MBA, RN, RM, FANSA, STTI President asked members to give 90 minutes of service this year. I have since decided to give a minimum of 90 minutes of service to organizations in which I belong. After all what else is being a member about, if you are not involved. As an organization, STTI is expanding. Regular news cycles broadcast

global nursing initiatives. Through our chapter, I have traveled, met with international leaders, been invited to the United Nations (UN), and shook hands with future nurse leaders. I have a growing network of nurses to call upon for career advice, clinical pearls, and educational choices. I have also broken-bread with a number of award-winning nurses, some of whom I am fortunate to call “friend”. The Leadership Connection Conference was the spark to reignite my interest in this organization. With many wonderful people committed to creating leaders and improving world health, it is easy to get involved!

Whether you turn to the right or to the left, your ears will hear a voice behind you saying This is the way; walk in it.” ISA 30:21

Major Take Away Messages

1.	Recruitment and Retention
	<ul style="list-style-type: none"> ▶ Welcome newcomers to the chapter ▶ Become acquainted with members ▶ Know what members need / want
2.	Volunteer / Lead
	<ul style="list-style-type: none"> ▶ Add fun activities to meeting agendas ▶ Encourage the testing of waters ▶ Establish short-term opportunities
3.	Pride and Publicity
	<ul style="list-style-type: none"> ▶ Display pride - celebrate achievements ▶ Recognize current member contributions ▶ Create special interest groups
4.	Community and Member Involvement
	<ul style="list-style-type: none"> ▶ Keep in touch with members ▶ Use membership surveys to solicit input ▶ Provide appealing member incentives
5.	Member Communications
	<ul style="list-style-type: none"> ▶ Post a schedule or calendar of events ▶ Publicize dates well in advance ▶ Provide timely and consistent messaging
6.	Strategic Planning
	<ul style="list-style-type: none"> ▶ Set realistic chapter objectives ▶ Revise goals on a regular basis ▶ Re-evaluate success and replicate
7.	STTI Mission and Values
	<ul style="list-style-type: none"> ▶ Build a sense of community ▶ Expand personal / professional networks ▶ Work towards improving global health

WORK / LIFE BALANCE

INDIANA

Nonconference Destinations

Bankers Life Fieldhouse
<ul style="list-style-type: none"> ▶ NBA Indiana Pacers Basketball Team arena ▶ WNBA Indiana Fever Basketball Team arena 125 South Pennsylvania Avenue ▪ Indianapolis, IN
Broad Ripple Village
<ul style="list-style-type: none"> ▶ One of six designated cultural districts Broad Ripple Avenue ▪ Indianapolis, IN
Eiteljorg Museum of American Indians
<ul style="list-style-type: none"> ▶ Extensive Native American Indian art collection 500 West Washington Street ▪ Indianapolis, IN
Indiana Repertory Theatre (IRT)
<ul style="list-style-type: none"> ▶ Professional regional theatre company 140 West Washington Street ▪ Indianapolis, IN
Indianapolis Motor Speedway
<ul style="list-style-type: none"> ▶ NASCAR and IROC auto races at Indy 4790 West 16th Street ▪ Indianapolis, IN
Indianapolis Zoo
<ul style="list-style-type: none"> ▶ 3,800 Animals / 320 species 1200 West Washington Street ▪ Indianapolis, IN
Lilly House Landmark and Grand Gardens
<ul style="list-style-type: none"> ▶ On grounds of Indianapolis Museum of Art 1200 West 38th Street ▪ Indianapolis, IN
Lucas Oil Stadium
<ul style="list-style-type: none"> ▶ NFL Indianapolis Colts Football Team arena 500 South Capitol Avenue ▪ Indianapolis, IN
NCAA Hall of Champions
<ul style="list-style-type: none"> ▶ Museum, exhibition, and conference center 700 West Washington Street ▪ Indianapolis, IN
Town Run Trail Park
<ul style="list-style-type: none"> ▶ 127-acre, natural and recreational resource 5325 East 96th Street ▪ Indianapolis, IN
White River State Park and River Gardens
<ul style="list-style-type: none"> ▶ Indiana State Museum and IMAX Theatre 650 West Washington Street ▪ Indianapolis, IN

Editor's Note: Elaine Kopp extends her gratitude to all STTI members for their submissions. She thanks Michelle Lilly of STTI for permission to print the figure containing the Chapter Sustainability Pyramid in the lead article of this edition (p. 2).

MEMBER'S PAGE

SCHOLARSHIP CAMPAIGN / PATRON PROGRAM

Patronage Levels

Platinum	Donates ≥ \$500.00
Receives	<ul style="list-style-type: none"> ▶ Two Tickets to Next Induction ▶ Culinary Delights Cookbook ▶ Induction Program and Patron List ▶ Chapter Recognition Certificate
Gold	Donates \$100.00 or < \$500.00
Receives	<ul style="list-style-type: none"> ▶ One Ticket to Next Induction ▶ Culinary Delights Cookbook ▶ Induction Program and Patron List ▶ Chapter Recognition Certificate
Silver	Donates \$50.00 or < \$100.00
Receives	<ul style="list-style-type: none"> ▶ Culinary Delights Cookbook or Gift ▶ Induction Program and Patron List ▶ Chapter Recognition Certificate
Bronze	Donates \$25.00 or < \$50.00
Receives	<ul style="list-style-type: none"> ▶ Induction Program and Patron List ▶ Chapter Recognition Certificate

Note: All donations/acknowledgments are per a given year.

Monetary Awards

The chapter may provide up to three education scholarships and one research grant annually. Each disbursement is for one thousand dollars. Named recipients are fully expected to attend the Annual Induction and Ceremony when award(s) are presented.

Saint Peter's University (SPU) • Felician College (FC) • College of Saint Elizabeth (CSE)

Applications are accessible from the chapter website @ www.muthetaatlarge.org or from nurse faculty counselors at the three member colleges. Candidates should submit the required materials within the established timeline.

For additional info on donations kindly E-mail Teru Coleman, Treasurer @ nursetc@aol.com. For queries on the application process, eligibility, terms or conditions please contact Dr. Kathleen Fagan, Chair, Scholarship/Research/Fundraising committees at faganK@felician.edu.

INVITED EVENT

Mu Theta-at-Large CHAPTER

of Sigma Theta Tau International

ANNUAL INDUCTION



Twenty Fifth

ANNIVERSARY
CELEBRATION

18 April 2015

MADISON HOTEL

1 Convent Road • Morristown, NJ

SAVE THE DATE

ANNOUNCEMENTS

Wendy C. Budin, PhD, RN-BC, LCCE, FACCE, FAAN is the 2014 nurse recipient of the Mary Anne Rooney Essence of Nursing Award. She accepted the honor during the New Jersey Consortium Annual Founder's Day Brunch on 05 October at Liberty House Restaurant, Jersey City, NJ. Dr. Budin is the Director of Nursing Research at New York University (NYU) Langone Medical Center where co-workers recognize her as a most responsive leader and role model as well as a compassionate and thoughtful mentor. Dr. Budin received numerous testimonials that pointed to her many mentoring attributes. Colleagues spoke about the differences she has made in the workplace and as a faculty-mentor by enriching the lives of her students. Her professional interests include but are not limited to Breast Cancer and Maternal-Child Health. She is the Editor-in-Chief and a Contributing Editor/Columnist for *Journal of Perinatal Education* (JPE). Dr. Budin is a Research Professor of Nursing at NYU, School of Medicine and an Adjunct Professor of Nursing Research at NYU, College of Nursing, New York, NY.

Corinne Ellis, DNP, RN-BC spoke during the Forty First Annual National Conference on Professional Nursing Education and Development. The theme was Leading Reform and Advancing the Science of Nursing Education. Dr. Ellis presented "Cultivating Nurse Publishers: Mentor-Student Publishing" on 03 October 2014 at the Mayo Clinic in Rochester, MN.

Elaine M. Kopp, BSN, RN will provide writing consultations for prospective authors interested in publishing their clinical practice guidelines, literature reviews, original research or pharmacology updates in *Journal of Neuroscience Nursing* (JNN) during the upcoming American Association of Neuroscience Nurses (AANN) Annual Meeting. Elaine is a member of both the JNN Editorial Board (EB) and the JNN Manuscript Review Board (MRB). Prior to these nationally board approved appointments, she was the FIRST STTI member to complete a two-year fellowship with the JNN EB. She has also served as a peer reviewer on organizational committees and revision panels for AANN and has done so for more than a decade.

Mary E. Norton, BA, MA, EdM, EdD, RN is a six-time Fulbright Award recipient. Dr. Norton has developed baccalaureate and graduate nursing programs in Iran, Pakistan, and Jordan. She has served in a number of Middle Eastern countries as an educational consultant, and an international education advisor and is presently an international dissertation advisor. Dr. Norton was an invited guest speaker for the North America Region 14 Biennial Conference of STTI Chapters at Staten Island University Hospital. Here she discussed "Scholastic Opportunities in the Fulbright Scholars Program" on 07 December 2014 and provided the following links:

Core Fulbright U.S. Scholar Program

<http://www.cies.org/program/core-fulbright-us-scholar-program>

Core Fulbright Visiting Scholar Program

<http://www.cies.org/program/fulbright-visiting-non-us-scholar-program>

Fulbright Scholar-in-Residence Program

<http://www.cies.org/program/fulbright-scholar-residence-program>

Raissa Lynn G. Sanchez, BSN, RN works in the Emergency Department at Saint Joseph's Regional Medical Center a designated Level II Trauma Center in Paterson, NJ. Raissa has been actively involved in STTI since her 2010 induction into Iota Alpha (at William Paterson University) where she serves as the current president. She has subsequently helped organize mission trips to the Dominican Republic and Haiti for the Foundation for Peace as well as STTI's Region 14. Recognizing her global health efforts and potential to be a young nurse leader, she was appointed as FIRST STTI Youth Representative at the United Nations (UN) in 2011. She continues in this position through 2015. Raissa's calling is to inspire both new and seasoned STTI members about the global health arena. She has accepted an invitation to speak on this topic at the upcoming Induction of Mu Theta-at-Large Chapter.

Eileen Carrigg Specchio, PhD, RN; Mary E. Kelley, LLD, MSN, MEd, RN, CNE, ANEF; and Maryse Annulyse, MSN, RN, CCRN collaborated on "Global Connections in Nursing Education: Haiti and USA". Dr. Specchio, representing CSE gave a lecture about the project on 07 December 2014 at the North America Region 14 Biennial Conference.

REGIONAL BRIEFS

New Jersey Consortium Founder's Day Event

By Elaine M. Kopp

Every October the New Jersey Consortium of Sigma Theta Tau International (STTI) Chapters hosts an Annual Founder's Day event. The goals for this professional gathering were threefold:

First, provide an inspirational and well-constructed educational program. Hester C. Klopper, PhD, MBA, FANSA delivered the keynote address that featured aspects of her 2013 – 2015 STTI Presidential Call to Action emphasizing a service leadership theme. She called attention to the prestigious work of the Global Advisory Panel on the Future of Nursing (GAPFON) and Global Health, which gives voice and vision to nurses in order to influence and advance health promotion policies worldwide.

Second, offer a memorable networking social. Many of the seventy guests seized the opportunity to greet and casually converse with Dr. Klopper during the breakfast brunch. Others eagerly posed for and secured snapshots with the FIRST STTI non-North American president. The Liberty House Restaurant located alongside the scenic Hudson River and overlooking an iconic Manhattan skyline proved a perfect backdrop for photos.

Third, present special nurse-mentor recognition. Carolyn Rummel, PhD, RN, APN shared meaningful insights about the Mary Anne Rooney Essence of Nursing Award within an historical context. She gave a special tribute to Mary Anne Rooney for whom the award is named. Wendy C. Budin, PhD, RN-BC, FAAN was the 2014 recipient and she graciously accepted the honor in a room filled to capacity.

Acknowledgments

The planning committee extends its heartfelt thanks to Immediate Past New Jersey Consortium Program Coordinator, Lolita C. Jacob, DNP, RN, FNP-BC for her valued leadership during the last three years. We are also grateful to Kathleen Bratby, MSN, RN for obtaining certificates of achievement awarding 3.0 contact hours from Stony Brook University School of Nursing on behalf of eligible attendees.

Sigma Theta Tau International SHOWCASE of REGIONAL EXCELLENCE

Chapter projects must be consistent with the following categories identified by Dr. Hester C. Klopper in her Presidential Call to Action.

Submit entries representative of the following:

- ▶ Serve Locally: Connectedness
- ▶ Transform Regionally: Transformation
- ▶ Lead Globally: Servant Leadership

Select accomplishments occurring through the 2013 – 2015 Biennial period and prepare your application accordingly. Please check the criteria via the STTI website for eligibility requirements or submission deadlines.

For additional information, contact Teresa Torsney, North America Region 14 Coordinator via E-mail at sttregion14coordinator@gmail.com.

North America Region 14 Biennial Conference

Under the direction of Teresa Torsney, MS, RN-BC, Coordinator, Honor Society of Nursing, STTI, North America Region 14 and after yearlong planning the programming committee came together to oversee its traditional Biennial Conference. The assembly benefited nearly thirty chapters in eastern New York and New Jersey and convened at Regina McGinn Education Center of North Shore-LIJ Staten Island University Hospital. This activity, which awarded 5.0 contact hours, may meet criteria when applying for a STTI Chapter Key Award (CKA).

Dr. Klopper, again an invited guest, was accessible during meal receptions. Attendees did not miss a beat in introducing themselves and in getting to know her better. Members were clearly appreciative of her willingness to travel from the continent of Africa—her home—to the east coast of the United States. She is familiar with Region 14 activities because she participates in functions at the UN and works closely with Mary E. Norton, EdD, RN on the GAPFON initiative. Dr. Norton is a member of the Mu Theta-at-Large Chapter.

INTERNATIONAL LENS

KEEP YOUR MEMBERSHIP CURRENT

Prior to your anniversary date STTI will send a renewal reminder. Submitting your annual dues is required to maintain active member status and uninterrupted membership benefits.

BENEFITS OF BELONGING

Awards and Recognition Platform ▪ Research and Grant Program(s) ▪ Chapter Management System ▪ Live Webinars and Training Tutorials ▪ Job Board ▪ The Circle ▪ Officer and Networking Communities ▪ Local, Regional or International Voluntary Leadership and Service Opportunities

EDUCATIONAL / NETWORKING EVENTS

1. Leadership Connection Conference
2. Biennial Convention and House of Delegates
3. International Nursing Research Congress
4. Worldwide Nursing Conference Website List

LIFELONG LEARNING RESOURCES

1. Career portfolio services and résumé assistance
2. Complimentary and discounted continuing nursing education (CNE) courses/publications
3. Discounted nursing products through nursing KNOWLEDGE international® (NKI) including books, insignia certificates or letterhead and gifts
4. The International Leadership Institute (ILI)
 - ▶ Board Leadership Development Program
 - ▶ Geriatric Nursing Leadership Academy
 - ▶ Maternal-Child Health Nurse Leadership Academy
 - ▶ Mentored Leadership Program
 - ▶ Nurse Faculty Leadership Academy
5. Sharecare.com
6. STTI Speakers Bureau
7. Virginia Henderson International Nursing Library

BOOK PUBLISHING / DISTRIBUTION

1. Example: *Nursing Ethics in Everyday Practice*
2. Example: *Mastering Precepting: A Nurse's Handbook for Success*
3. Example: *Volunteering at Home and Abroad: The Essential Guide for Nurses*

STTI PUBLICATIONS

1. *Journal of Nursing Scholarship (JNS)*
2. *Reflections on Nursing Leadership (RNL)*
3. *WORLDviews on Evidence-Based Nursing*

www.nursingsociety.org

Sigma Theta Tau International 26TH INTERNATIONAL NURSING RESEARCH CONGRESS and RESEARCH AWARDS

▶ Evidenced-Based Practice Award

▶ Nurse Researcher Hall of Fame

▶ Research Dissemination Award

▶ Research Dissertation Award



SAN JUAN PUERTO RICO

23 – 27 July 2015

MARK THE CALENDAR

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WEBSITE
Lei Zhu, Webmaster, CSE ▪ Beverley H. Wright, Contact Person

For more info please visit our chapter website at:
www.muthetaatlarge.org

CHAPTER		
2015 Meeting Calendar		
<i>Board of Directors Meeting</i>		
Date / Time	Venue	Notations
01/10/2015 10:00 am to 12:00 noon	Go to Meeting Online Forum	Business Agenda
<i>Status of Women Conference</i>		
Date / Time	Venue	Notations
03/10/2015 6:15 pm EST	Guild Room at Armenian Convention Center	STTI program is free of charge Registration via below link
<p><i>Armenian Convention Center</i> 630 2nd Avenue at 35th Street New York, NY</p> <p>https://www.eventbrite.com/e/ngo-csw-forum-registration-13715889595</p>		
<i>Board of Directors Meeting</i>		
Date / Time	Venue	Notations
03/28/2015 10:00 am to 12:00 noon	College of Saint Elizabeth: Ward Dining Room	Finalization of Induction Plans
<i>Annual Induction and Ceremony</i>		
Date / Time	Venue	Notations
04/18/2015 12:00 noon to 4:00 pm	Madison Hotel Morristown, NJ	Guest Speaker(s) Self-Pay Meal
Note: Calendar is subject to change		

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