

# CONNECTIONS

SUMMER 2015

## A Seat at the Table: The Impact of Nurses in the Boardroom

By Kathleen K. Borenstein

**FORWARD:** Dr. Kathy Borenstein was the invited guest speaker for the recent General Membership and Transition of Officers Meeting held in mid-June. Presentation highlights herein are for the benefit of all Mu Theta-at-Large members who were unable to attend this timely session at the College of Saint Elizabeth (CSE). The program was planned by Dr. Eileen Specchio, Professor of Nursing, CSE and Shakira Abdul-Razzaq, Vice President representing CSE.

### Most Trusted Profession

Time and time again, nurses have been identified as the most trusted profession. How can we leverage this trust? How can we have an impact on the future of healthcare? The forces have all aligned and it is up to us to take advantage of this opportunity. For nursing to have an impact and be a force, the profession must recognize its value and the impact that over three million practitioners can make in influencing the path forward.

### A Pivotal Role for Nursing

The IOM report challenged nurses and decision makers to engage, to become involved in making a difference, stating “nurses should be full partners in reforming healthcare”. The report recognizes nursing’s invaluable contributions and envisions nursing having a pivotal role not only in public

health, education, and research, but also in the business aspect, governance, and in shaping public policy. The report warned that change would not succeed unless nurses are active partners in the transformation of our healthcare system. The changing face of healthcare coupled with the Institute of Medicine’s report, *Future of Nursing: Leading Change, Advancing Healthcare*, has driven nursing leaders to form the National Action Coalition (NAC) whose goal is to develop a blue print for our future.

### Four Key Pillars

The NAC, a joint partnership with Association for Advancement of Retired Persons and the Robert Wood Johnson Foundation has taken up the charge launching the *Future of Nursing: Campaign for Action*, to implement the recommendations of the IOM. The NAC has identified four pillars to focus their efforts: Scope of Practice, Education, Data, and Leadership.

Scope of practice speaks to nurses practicing to the full extent of their education and training. Currently state laws vary for Advanced Practice Nursing from supervisory to collaborative to true independent practice. Through legislative efforts to support independent practice APNs have the opportunity to provide primary care to underserved populations lacking primary care physicians.

The Education Pillar focuses on three initiatives including academic progression, development of residency programs, and preceptorships. The goal is for eighty percent of all nurses to have a baccalaureate degree by 2020 and to increase the number of doctorate prepared nurses by that same year. Development of residency programs will better prepare nurses for entry into practice for novice nurses and provide a structure for new APNs. A curriculum for preceptors is being developed to train and mentor those residents caring for older adults in long term care facilities. Rutgers faculty is leading this initiative in conjunction with the New Jersey Hospital Association with funding from The Horizon Foundation and the New Jersey Chamber of Commerce.

Workforce data is needed across all health care professions if fundamental transformation is to occur. Major gaps exist in current data related to staffing patterns, staffing mix and number of FTEs (full time equivalents). The NAC is working to create a national picture of the nursing workforce as a method of projecting future needs. Many professions have no data for comparison, making it difficult to implement policies going forward.

Fundamental to communicating the value of nursing is the Leadership Pillar. A central tenet of this pillar is to communicate the value of nursing leadership by forging relationships with stakeholders that can provide opportunities. It is vital that nursing leaders have the ability to collaborate with healthcare and business leaders at the local, state, and national levels. The placement of nursing leaders on community and hospital boards is a priority. The Action Coalition has developed a program called Nurses in the Boardroom to raise awareness, create relationships between health care organizations and nurse leaders and to train future nurse leaders.

### Ideal Board Members

In addition to their broad healthcare perspective, nurses possess many skills that make them ideal board members including clinical expertise, an understanding of operations, strong collaboration and team skills. Nurses are community oriented, innovative thinkers and their insight and perspective is one no one else has at the table.

Donald Berwick, MD, former head of the Center for Medicare and Medicaid Services (CMS) and the Institute for Healthcare Improvement (IHI) strongly supports and values nursing leadership at the table.

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***“I think that boards should understand that the performance of organizations depends as much on the well-being, engagement, and capabilities of nursing leaders, as it does on physicians. I would encourage much closer relationships between nursing and the board.”***

**Donald Berwick, MD**

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Currently, even among academic healthcare institutions, less than 20 percent have nurses on their boards, many have none. The NAC has developed a nursing leadership database with a goal of recommending and helping to get nurses appointed to boards. Other leadership opportunities are being identified and a governance competency has been developed to prepare leaders for board membership.

As leaders, we all need to actively participate in the advancement of nursing’s role in the conversation. There is a lot of work to do. For starters, we need to promote, engage, and encourage others. There are opportunities to become active at many levels: hospital or community committees, exploring board membership within nursing organizations at the national level or organizations you currently support. Join the New Jersey Chapter of the National Action Coalition.

The NAC and The Future of Nursing Campaign are working diligently to bring visibility and to empower and educate nurses as future leaders. We must take the lead in ensuring not only the success of our profession but our healthcare system.

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# MEMBER'S PAGE

## 2015 CHAPTER SCHOLARSHIP AWARDS



**EILEEN M. HASSA**  
Award Recipient  
Felician College



**FILOMENA ILARIA**  
Award Recipient  
Felician College



**LIN JONES**  
Award Recipient  
College of Saint Elizabeth

The application and submission due date, award criteria as well as contact information can be found on our web site @ [www.muthetaalarge.org](http://www.muthetaalarge.org)

### 2015 PATRON PROGRAM

# DONORS

Barbara Carrig, Teru Coleman, Elaine Kopp, Dr. Eileen Specchio, Dr. Sara Thompson, and Dr. Ann Tritak

Donor Sponsor and Scholarship Campaign details are available online @ [www.muthetaatlarge.org](http://www.muthetaatlarge.org)

# CHAPTER

### Newly Elected Faculty

Sandra Horvat  
Faculty Counselor  
Saint Peter's University

Karen Stutzer  
Faculty Counselor  
College of Saint Elizabeth

### Continuing/Newly Elected Officers

Sara Thompson  
President

Leilani Feliciano  
Vice President  
Saint Peter's University

Sr. Patricia Kennedy  
Recording Secretary  
Felician College

### Newly Appointed Officer

Sandra Ooms  
Corresponding Secretary  
College of Saint Elizabeth

### Newly Elected Committee Members

Barbara Carrig  
Leadership Succession Committee  
Felician College

Irene Miller  
Leadership Succession Committee  
College of Saint Elizabeth

### Newly Appointed Delegates

Barbara Carrig  
2015 - 2017 Electronic Delegate

Teru Coleman  
2015 Alternate Convention Voting Delegate

Leilani Feliciano  
2015 Convention Voting Delegate

Elaine Van Buren-Rizzo  
2015 Convention Voting Delegate

# ANNOUNCEMENTS

**Kathleen Borenstein, DNP, RN, CCRN** was the invited speaker for the recent General Membership Meeting of Mu Theta-at-Large. Dr. Borenstein gave an insightful talk titled “A Seat at the Table: The Impact of Nurses in the Boardroom” in Santa Rita Hall at the College of Saint Elizabeth. Dr. Borenstein identified the four key pillars from the IOM *Future of Nursing* Report. She discussed expectations for nursing leadership (outlined in the landmark study) while our country evolves in an era of uncertainty related to healthcare reform. She also addressed why nurses are not necessarily regarded as full partners/leaders and suggested ways for members of the profession to counter this shared perception.

**Lisa Garsman, MS, APRN, BC** is the recipient of the 2015 Chapter Research Grant Award for \$1,500 presented during the Induction. Lisa is pursuing a doctoral degree at Rutgers, The State University of New Jersey—Newark. Her interest is in immigrant college students. She is the Director of the BSN Program at Saint Peter's University, Jersey City, NJ.

**Kathleen Motacki, MSN, RN-BC** was elevated to the rank of a full Clinical Professor at Saint Peter's University SON, Jersey City, New Jersey. Professor Motacki works in both classroom and clinical settings and specializes in Pediatric Nursing. She has published the following three nursing books: *Nursing Delegation and Management of Patient Care* (Mosby Elsevier Publishing); *The Illustrated Guide to Safe Patient Handling and Movement*; and *The Illustrated Guide to Infection Control* (the latter two with Springer Publishing).

**Raissa Lynn G. Sanchez, BSN, RN** delivered an inspiring Induction address for Mu Theta-at-Large during its 25th Anniversary Celebration held at the Madison Hotel in Morristown, NJ. She explained how she utilized her various leadership roles in STTI to travel abroad and voluntarily serve impoverished Dominican and Haitian communities. Raissa is the Immediate Past President of Iota Alpha of STTI at William Paterson University, the STTI UN DPI-NGO Youth Representative and the Co-Chair of the STTI Global Initiatives Committee.



**Constance Sobon-Sensor, PhD, RN, CTN-A** (pictured above) recently earned a PhD in Nursing Research and Theory Development from Seton Hall University. Dr. Sobon-Sensor successfully defended her qualitative research dissertation entitled “Health-related beliefs, practices, and experiences of migrant Dominicans in the Northeastern United States” (on March 2015). She received an MSN in Clinical Management with a focus in Transcultural Nursing from Kean University and has been certified as an Advanced-level Transcultural Nurse (CTN-A) since 2003. She is a recognized expert in the power of culturally responsive nursing to meet the challenges of a global society, focusing on cultural health beliefs and practices, cultural etiquette, and strategies to gain acceptance into ethnic communities. She has published and presented widely on culturally competent health care, leadership and global health initiatives, including the UN Millennium Development Goals. Her current research explores the cultural beliefs, practices and experiences of an immigrant population related to health. Dr. Sobon-Sensor has been an active member of professional nursing communities. She served on the Board of Directors for Sigma Theta Tau International Honor Society of Nursing where she was the Secretary from 2011 to 2013, and Region 14 Coordinator from 2007 to 2011 and as a past Coordinator of the New Jersey Consortium of STTI Chapters for many years.

# REGIONAL BRIEFS

## REGION 14

### STTI 26TH ANNUAL RESEARCH CONGRESS SAN JUAN, PUERTO RICO

#### PODIUM ■ PRESENTERS

**Gloria Chan, BSN, RN-BC, CCRN-CSC, PCCN**

*Nursing Voices at the UN: Transition from MDGs to SDGs*

*Innovative Mentorship Promoting Engagement in the UN*

**Linda Flynn, PhD, RN, FAAN**

*Advancing the Science Through the National Nursing Education Research Network*

**Raissa Lynn Sanchez, BSN, RN, TNCC**

*Nursing Voices at the UN: Transition from MDGs to SDGs*

*Youth Representation at the United Nations*

**Holly Shaw, PhD, MS, RN**

*Nursing Voices at the UN: Transition from MDGs to SDGs*

*Looking Back, Moving Forward: Nurses at the UN and the Post 2015 Agenda*

**Timothy Shi, BSN, RN, OCN**

*Nursing Voices at the UN: Transition from MDGs to SDGs*

*Development of a Social Media Campaign to Promote Engagement in the UN*

#### CONGRATULATIONS

## Sigma Theta Tau International SHOWCASE of REGIONAL EXCELLENCE

Chapter projects must be consistent with the categories identified in the 2013 – 2015 STTI Presidential Call to Action by Hester C. Klopper, PhD, MBA, RN, RM, FANSA:

Submit entries consistent with the following general themes:

**Serve Locally: Connectedness**

**Transform Regionally: Transformation**

**Lead Globally: Servant Leadership**

**Gratitude: Make a Difference**

Select accomplishments occurring through the 2013 – 2015 Biennial period and prepare your application accordingly. Please check the criteria via the STTI website for eligibility requirements. Entries are due by 01 October 2015.

For information please contact North America, Region 14 Committee Coordinator Teresa Torsney, MS, RN-BC via E-mail @ [sttregion14coordinator@gmail.com](mailto:sttregion14coordinator@gmail.com).

## WELCOME NEW CONSORTIUM AMBASSADORS AND COMMITTEE MEMBERS

Clare Cruz—Christine ‘Chrissi’ Dobson—  
Bola Fadipe—Marissa Rodriguez—Sally  
Sobon Wilson—and Dr. Denise Tate

For additional info about the New Jersey Consortium of STTI Chapters kindly contact Elaine Kopp, BSN, RN, Coordinator @ [koppelaine@yahoo.com](mailto:koppelaine@yahoo.com)

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## The Continued Mission Work at Hôpital Sacré Coeur - Milot, Haiti

*By Judith Kutzleb*

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Hôpital Sacré Coeur (HSC) in Milot is the largest private hospital in northern Haiti, now serving a population of 225,000. Prior to the earthquake of 2010, HSC was a 70 bed hospital that focused mainly on maternal-child care and surgery. Post-earthquake HSC has expanded to a 122 bed facility without any structural expansion now offering both in-patient and outpatient services which include: ICU, Emergency Medicine, medical, pediatric, cardiology, orthopedic, dental, radiology and sonography services.

I have had the opportunity to lead medical missions four times per year since 2011. During this time, I developed cardiac Heart Failure (HF) protocols and implemented a HF and Postpartum Cardiomyopathy program with both the physician staff at HSC and 4 major cardiologists from The United States. The latter group is currently comprised of Dr. Joseph Kannam of Harvard University Medical School, Dr. Carl Turissini of Massachusetts General Hospital, Dr. William Battle of Georgetown University Medical School, and Dr. Robert Jarret—the founder of Hearts Around the World. Our cardiac teams have managed to schedule trips 10 out of the 12 months of the year, and have achieved consistency and sustainability in cardiac care through protocol development and a medication formulary.

My most recent visit was from 23 to 30 May 2015, which was focused on orienting physicians in orthopedics and podiatry while my colleague and partner managed the cardiac clinic. We were able to perform 19 ortho and podiatry surgeries in 4 days. The continued need for ongoing mission work remains a true necessity.

The most compelling aspect of my mission work is the fact that Haiti is the most impoverished third world county yet the people are a very proud culture and grateful for the care they receive, knowing that they will never be as rich as the poorest of poor in America.

## NEW JERSEY CONSORTIUM of Sigma Theta Tau International

# ANNUAL

### FOUNDER'S DAY DINNER AND PROGRAM

#### *Featuring Keynote Speaker:*

Judith Kutzleb, DNP, RN, CCRN, CCA, APN-C

Past President, Epsilon Rho Chapter

Past President, Iota Alpha Chapter

## MISSIONS TO HAITI: ON MATTERS OF THE HEART

The purpose of this program is to educate providers on the profound disparity between health care needs and health care delivery in a third world country; and the opportunities that exist to enhance care delivery and nursing education for improved population outcomes.

Target Audience: Advanced Practice Professionals; Nursing Faculty; Registered Nurses; Student Nurses; Physicians; and Social Workers

- **Date:** 13 October 2015
- **Time:** 5:30 pm to 9:30 pm
- **Venue:** The Rutgers Club

LIMITED SEATING—ADVANCED REGISTRATION RECOMMENDED

Please register and remit payment online via the Eventbrite platform at:  
<http://www.eventbrite.com/e/the-new-jersey-consortium-of-stti-chapters-annual-founders-day-tickets-17821112427>

PROGRAM FEE: \$35.00 PER PERSON

#### *Includes:*

- Hot Buffet Meal
- Speaker/Lecture/Q+A Session
- Informational Materials
- Award(s) Ceremony

# SAVE THE DATE

## INTERNATIONAL LENS

### Sigma Theta Tau International BIENNIAL CONVENTION AND HOUSE OF DELEGATES

Serve Locally, Transform Regionally, Lead Globally

#### Objectives:

- ▶ Identify strategies that promote collaboration in inter-professional initiatives.
- ▶ Enrich achievement of knowledge, leadership, professional collaboration amongst diverse communities
- ▶ Explore innovative strategies to promote excellence in global nursing
- ▶ Enhance clinical, patient and educational outcomes through transformative nursing practice

Plenaries—Concurrent Sessions—Poster Viewings—Book Signings—Hosted Receptions—Exhibit Hall—Marketplace—Tribute Luncheons and Dinners—Award Ceremony Celebrations

Earn up to 18.5 continuing education nursing education hours

LAS VEGAS, NEVADA  
UNITED STATES

07 – 11 NOVEMBER 2015

MARK THE CALENDAR

*Editor's Note: Elaine Kopp extends her gratitude to all STTI members for their contributions. She encourages your ongoing consideration in the sending of submissions such as professional announcements, articles, human interest stories, and photos for inclusion in future editions.*

## WORK / LIFE BALANCE

# NEVADA

## Las Vegas Attractions

1. **Bellagio Fountains**
  - ▶ The Sunday Fountains Brunch in Jasmine  
3600 Las Vegas Boulevard S, Las Vegas, NV
2. **Cirque du Soleil**
  - ▶ Mystère Theatre at Treasure Island (TI)  
Call ▪ 1.866.983.4279
3. **David Copperfield Theatre**
  - ▶ Master Magician Performances at MGM Grand  
Call ▪ 1.866.983.4279
4. **Fremont Street Live Entertainment**
  - ▶ Band Concerts and Lightshows  
See Web Site Schedules
5. **High Roller Ride Overlooking Strip**
  - ▶ World's Largest Observation Wheel  
Book Tickets Online
6. **Lake Mead / Hoover Dam Tour(s)**
  - ▶ Hot-Air Balloon Sightseeing
  - ▶ Grand Canyon Day Trip
  - ▶ Lake Mead Cruise or Water Excursion
  - ▶ Twilight Helicopter Venture  
Call ▪ 888.651.9785
7. **Nevada State Museum**
  - ▶ Dinosaur Displays
  - ▶ Historical, Permanent, and Virtual Exhibits
  - ▶ Interactive Visitor Stations
  - ▶ Unique Curator Designed Collections
  - ▶ Museum Store (National/Regional Artists)  
309 S. Valley View Boulevard ▪ Las Vegas, NV ▪  
Call ▪ 702.486.5205
8. **Springs Preserve**
  - ▶ 180-Acre Desert Terrain Resource
  - ▶ Botanical Gardens
  - ▶ Biking and Hiking Trails
  - ▶ Indoor Café with Outdoor Patio
  - ▶ Galleries and Exhibits  
309 S. Valley View Boulevard ▪ Las Vegas, NV ▪  
Call ▪ 702.486.5205

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<b>CHAPTER</b>		
<b>2015 Meeting Calendar</b>		
<i>General Membership and Transition of Officers Meeting</i>		
<b>Date / Time</b>	<b>Venue</b>	<b>Notations</b>
06/10/2015 5:00 pm to 8:00 pm	Riordan Board Room—Santa Rita Hall—CSE	Guest Speaker Installation of New Officers Light Dinner
<i>New Jersey Consortium of STTI Ambassadors Business Meeting</i>		
<b>Date / Time</b>	<b>Venue</b>	<b>Notations</b>
06/30/2015 11:30 am to 2:30 pm	Rutgers Club New Brunswick, New Jersey	Leader Luncheon Chapter Reports Founder's Day Planning
<i>26th International Research Congress</i>		
<b>Date / Time</b>	<b>Venue</b>	<b>Notations</b>
07/23/2015 to 07/27/2015	Sheraton Hotel San Juan, Puerto Rico	Plenary Speakers CNE Research Sessions
<i>43rd STTI Biennial Convention And House of Delegates</i>		
<b>Date / Time</b>	<b>Venue</b>	<b>Notations</b>
11/07/2015 to 11/11/2015	Aria Hotel Las Vegas, NV	Plenary Speakers CNE Research Sessions
<i>Note: Calendar is subject to change</i>		

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