

CONNECTIONS

WINTER 2016

Value of Lifelong Learning

By Elaine M. Kopp

*"We are each of us angels with only one wing,
and we can only fly by embracing one another."
—Luciano de Crescenzo*

Transforming Ideals into Present Day Practice

Nurses must possess a wide and eclectic range of leadership skills to serve as creative change agents during the ongoing healthcare redesign and reform. Not all nurses can or wish to avail traditional venues in order to obtain the desired competencies necessary to collaborate in the new model. Advance practice and staff nurses, educators, students or volunteers are aware of expectations to lead from bedside to boardroom while navigating unsettled terrain during this seemingly unpredictable and volatile era. The value of lifelong learning and career mentoring, therefore, cannot be underscored and it is not surprising that these themes appear front and center in the 2016 Presidential Call to Action written by Cathy Catrambone, PhD, RN, FAAN. Her in-depth and visionary statement is worth reviewing because it outlines standards of excellence for the future of chapter, regional or international initiatives.

Unconventional Leadership Development

Some unconventional options to help buoy the development of much needed and nuanced skill sets for purposes of advocacy for example, are

found in abundance via continuing education and mentored fellowship programs. STTI offers numerous platforms that have the potential to elevate personal and professional effectiveness in real time and without the big ticket price tag.

Benefits and Blessings of Mentored Fellowships

Sanctuary, Safe Haven and Sacred Boundaries

- Mentors provide active and attentive listening as well as priceless feedback (not always what we want to hear but moreover, what is essential to that which we need to know)

Support During Critical Career Transitions

- Mentors share acquired expertise, hindsight perspectives, and anecdotal or sage wisdom

Assistance Making Professional Inroads

- Mentors invest time in their mentees by finding unique and challenging experiences that involve actual versus simulated role modeling and role socialization in lesser explored arenas

Introductions to Key Stake Holders

- Mentors open doors and introduce their mentees to contemporaries that could influence and accelerate growth opportunities in a tailored setting or a specialty of interest

Positive Personal Career Progression

- Mentors offer guidance and direction for individualized career ascent

Inspiration Toward Goal Attainment

- Mentors personalize situational coaching for peak performance, planned change, and ultimate dream affirmation

MEMBER'S PAGE

CELEBRATE

the INAUGURAL INDUCTEES
at FELICIAN SCHOOL OF NURSING
INTO THE NURSING HALL OF HONOR

CLASS	INDUCTEE
'68	<u>Sister Mary Rosita Brennan</u> CSSF, PhD, MSN, RN
'85	<u>Laura E. Cima</u> PhD, MBA, RN-NEA-BC, FACHE
'91, '94	<u>Kathleen A. Fagan</u> PhD, RN, BC, APN
'99	<u>Valera A. Hascup</u> PhD, MSN, RN, CTN, CCES
'77, '81	<u>Catherine M. Jennings</u> DNP, MASN, APN
'73	<u>Lynn Kearny</u> MS, BSN, RN, NE-BC
'85	<u>Jo Ann Penn</u> MA, RN, BC
'78, '81	<u>Ruth A. Whittmann-Price</u> PhD, RN, CNS, CNE, CHSE, ANEF
'68	<u>Barbara Jean Toscano</u> MS, RN <i>Posthumous</i>

NICELY DONE

CONGRATULATIONS

FELICIAN UNIVERSITY

NURSING COLLEAGUES

The Mu Theta-at-Large Chapter extends its heartfelt congratulations to Dr. Muriel M. Shore, Dean and Professor and all of our colleagues at the School of Nursing on its 50th Anniversary. We also acknowledge the efforts of the entire academic community on its recent transition from Felician College to Felician University. We admire these stellar accomplishments in education and wish you every measure of continued success!

BEST WISHES

CHAPTER

Mu Theta-at-Large Chapter received the STTI Showcase of Regional Excellence Award during the 2013—2015 Biennial Convention for outstanding achievement in the following Presidential Call to Action categories:

Category	Submission
Connectedness	<u>Mu Theta-at-Large Chapter Connections Newsletter</u>
Servant Leadership	Lunch and Learn Continuing Nursing Education Program <u>The ABC's of Peer-Reviewed Publishing</u> (narrative herein)
Transformation	<u>New Jersey Consortium of STTI Annual Founder's Day Events</u>

RECIPIENT

The ABC's of Peer-Reviewed Publishing

Kathleen (Kathy) Motacki, MSN, RN-BC is currently a Clinical Professor at Saint Peter's University School of Nursing (SON), Jersey City, New Jersey. Professor Motacki specializes in Pediatric Nursing and works in both classroom and clinical settings. Additional professional interests are nursing leadership and management as well as writing for professional publication. She has published the following three nursing books: *Nursing Delegation and Management of Patient Care* (Mosby Elsevier Publishing); *The Illustrated Guide to Safe Patient Handling and Movement*; and *The Illustrated Guide to Infection Control* (the latter two with Springer Publishing).

In accordance with her proven experience, Kathy accepted an invitation to speak for the Annual Education Program hosted and sponsored by Mu Theta-at-Large Chapter. She delivered an interactive lecture entitled "The ABC's of Peer-Reviewed Publishing" on 10 May 2014 (11:00 am to 2:00 pm) at the College of Saint Elizabeth (CSE). Her lively Power Point presentation captivated the audience from the beginning by inviting open and spirited interchanges with attendees. Many nurses expressed a strong desire to publish an article in a refereed journal yet were hesitant because they were unfamiliar with the process of submitting a manuscript for peer-review. To this end, Kathy described the standardized methods for article submission and she emphasized the need to follow Author Guidelines. She provided a sample guideline (used with permission) and an Action Plan intended to assist prospective authors with best practices toward goal attainment

The worksheet helped to focus novices on a number of select categories. For starters, Kathy encouraged the development of an idea, addressed the logic of relating aspects of one's own clinical expertise, and explained the benefits of targeting an appropriate journal. She then discussed what types of facilitating factors or barriers would likely determine whether the work would eventually be seen in print, add to the body of nursing knowledge (by contributing improved patient care concepts to the literature) and ultimately shared with readerships worldwide. Initiating the actual writing as Kathy pointed out is often perceived to be a hurdle in the highest order. The next steps were not however, insurmountable when writing was a considered a daily priority (even if for brief intervals) and when the

necessary human and material resources were maximized.

This particular platform sought to lead uninitiated individuals through the challenges of becoming first-time authors. It also represented the first-of-its-kind collaboration undertaken by the three Chapter vice presidents, which has subsequently served to erect a model for future community building amongst the member colleges. Upon completion of this 'Lunch and Learn' educational activity eligible attendees received a certificate of achievement awarding 1.0 contact hour by an approved provider. Summative evaluation results for the session reflected very positive ratings overall.

Acknowledgments

The following group was directly involved in the electronic educational needs assessment survey, communications, program planning, advertisement and promotion, hospitality arrangements or execution of this continuing education offering—Diane DeLong, PHD, RN, CNE, Primary Nurse Planner, Chair of Nursing, Associate Professor, CSE, Department of Nursing; Donna Gray, MSN, RN, CNE, Nurse Planner and Content Reviewer and Vice President (VP), Mu Theta-at-Large Chapter representing College of Saint Elizabeth; Elaine Kopp, BSN, RN, Nurse Planner and Content Specialist and VP, Mu Theta-at-Large Chapter representing Felician College (FC) SON; Kathleen Motacki, MSN, RN, BC, Faculty, Presenter, Author, Content Specialist, and Mu Theta-at-Large Chapter VP representing Saint Peter's University SON; Clare Cruz, MSN, RN, Corresponding Secretary, CSE; Eileen Carrigg Specchio, PhD, RN, Professor of Nursing CSE Department of Nursing/Faculty Counselor representing CSE for Mu Theta-at-Large Chapter and Sara Thompson, DNP, RN, APN, Assistant Professor, FC SON, and Mu Theta-at-Large Chapter President and Ex Officio. Members of the Mu Theta-at-Large Chapter were in attendance as were members of editorial boards including a Contributing Editor who passed along her business card as a future industry contact.

Editor's Note: Elaine Kopp extends her gratitude to all STTI members for their contributions. She encourages your ongoing consideration in the sending of submissions such as professional announcements, articles, human interest stories, and photos for inclusion in future editions.

ANNOUNCEMENTS

Gloria Chan, BSN, RN-BC, CCRN-CSC, PCCN, a past president of the Upsilon Chapter at New York University (NYU) is the newly elected Coordinator of the North America Region 14 Committee of STTI where in her current leadership role she oversees 30 chapters in New Jersey and eastern New York.

Corinne Schultz Ellis, ANP, DNP, RN, BC, Assistant Professor at Felician University School of Nursing published an article entitled “Improving Nutrition in Mechanically Ventilated Patients” in the October 2015 issue of the *Journal of Neuroscience Nursing*. Lippincott Williams & Wilkins, publisher of *JNN*, will award 2.5 contact hours for this Continuing Nursing Education activity. The 18-question test for this Continuing Education activity is available only at www.NursingCenter.com/CE/JNN.

Ellis, C. S. (2015). Improving nutrition in mechanically ventilated patients. *Journal of Neuroscience Nursing*, 47(5), p. 263 – 270. doi: 10.1097/JNN.0000000000000161.

Rona F. Levin, PhD, RN is the 2015 recipient of the Evidence-Based Practice Award announced during the STTI 43rd Biennial Convention and House of Delegates held (7-11 November) in Las Vegas, NV.

Mu Theta-at-Large Chapter eligibility requirements and established timelines are viewable online for those interested in seeking an education scholarship or a research grant award. Please visit our website at www.muthetaalarge.org for terms and conditions.

Constance Sobon Sensor, PhD, RN, CTN-A was appointed as the STTI Liaison to the United Nations (UN) for a two year term. Dr. Sobon Sensor along with Laurie Nagelsmith PhD, RN, CNE, Secretary, STTI Board of Directors, and Julie Jones, MS, RN-BC, Regional Chapters Coordinating Chairperson of STTI will present “Empowering Women through Leadership Development” at a parallel event during the 60th Conference of the Commission on the status of Women (CSW) hosted by the UN in Manhattan.

CHAPTER

INVITED EVENT

Annual Induction and Ceremony

Saturday—23 April 2016

11:00 am to 3:00 pm

PROGRAM INCLUDES:

Award Presentations

- Education Scholarships
- Research Grant

Buffet Meal

- Adults and Inductees: \$50.00
- Children ages 6 – 12: \$25.00
- Children under 5 – No Charge

THE BETHWOOD

Castilian Room

38 Lackawanna Avenue
Totowa, NJ 07512

Telephone: (973) 256-8316

MARK THE CALENDAR

REGIONAL BRIEFS

Marianne Duffy, MA, RN was selected as the New Jersey Consortium of STTI Chapters 2015 Rooney ‘Essence of Nursing’ award recipient. Marianne is a Charter Member of the Lambda Delta Chapter at Monmouth University where she successfully served as President Elect and President. Marianne has remained steadfastly involved in chapter activities post presidency as a valued mentor by advising, encouraging, and transitioning incoming members of the board to their roles. She has effected positive change in health related environments particularly as it pertains to her natural inclinations for the onboarding of new hires or the supervising of undergraduate nurses in the clinical practice setting. While functioning in the capacities of an administrator and an educator, she upstarted and oversaw large-scale organizational projects such as the implementation of an employer based Magnet Standards Group. Marianne also participated in the Foreign Nurse Orientation and developed Nurse Intern, Preceptor, and Mentoring programs in the workplace. At each and every station along a purpose filled career trajectory, she has demonstrated for example, a strong commitment to personal transparency and transformational leadership. Her additional accomplishments on the regional level include but are not limited to her long-standing tenure as Coordinator of the New Jersey Consortium of STTI Chapters when she enhanced a legacy of quality educational programming due to her capable, committed directorship. Imbued with a sense of genuine enthusiasm from the outset, Marianne assumed her many responsibilities with seriousness of purpose and as a keen observer of important and emerging healthcare trends, further designed a most impressive platform for distinguished keynoters to speak and to be heard.

REGION 14

Epsilon Kappa Chapter

Nursing Research & Evidence Based Practice Conference

Madison Theatre—Molloy College
Rockville Center, NY 11571

Featuring Keynote Speaker:

DIANA J. MASON, PhD, RN, FAAN, DHL

(Hon) Rudin Professor, Hunter College Bellevue School of Nursing
 City University of New York 10065

Past, Present and Future:

Impact of Nursing Research on Health Care and Policy

Date: Saturday, 27 February 2016

Time: 9:00 am to 12:00 pm

Registration: Please use below-links for payment:

Research Day: Registered Nurses

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=AY7EPLRSHBXZU

Research Day: Undergraduate Students Only

https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=KZFUB53B4W4BS

Inside This Issue

Benefits of Belonging	Page 1
Member's Page	Page 2 to 3
Local Announcements	Page 4
Regional Briefs	Page 5 to 6
International Lens	Page 7
Board of Directors	Page 8
Calendar of Events	Page 8

**NORTH AMERICA REGION 14 COMMITTEE
LEADERSHIP**

Gloria Chan, BSN, RN, CCRN, PCCN
Coordinator
Upsilon Chapter of STTI
New York University

Larry Slater, PhD, RN-BC, CCRN
Treasurer
Upsilon Chapter of STTI
New York University

Patricia Cannistraci, DNS, RN, CNE
Co-Chair, Conference Planning Committee
Tau Kappa-at-Large Chapter of STTI
Excelsior College | Empire State College

Elaine Kopp, BSN, RN
Co-Chair, Conference Planning Committee
Mu Theta-at-Large Chapter of STTI
College of Saint Elizabeth | Felician University
Saint Peter's University

Kathleen Daus
Co-Chair, Communications Committee
Epsilon Kappa Chapter of STTI
Molloy College

Denise Tate, EdD, APRN-BC
Co-Chair, Communications Committee
Upsilon Rho Chapter of STTI
Thomas Edison State College

CALL FOR SPEAKERS

The Region 14 Conference Planning Committee is actively seeking presenters for its upcoming meeting in May. If you possess experience and expertise related to nurse advocacy especially in a global health arena then we would like to hear from you! Please contact Gloria Chan at: sttiregion14coordinator@gmail.com.

OPPORTUNITY

REGION 14

**BIENNIAL CONFERENCE
CALL FOR ABSTRACTS**

Podium & Poster Presentation Theme:
Influence to Advance Global Health & Nursing:
Influence through Advocacy

Proposal Due Date:
Thursday, 31 March 2016

Program Date:
Sunday, 15 May 2016

Meeting Time Frame:
10:00 am – 4:00 pm
Breakfast & Lunch
Speakers T.B.D.

Venue with Onsite Parking:
Adelphi University
Thomas Dixon Lovely Ballroom
1 South Avenue
Garden City, NY 11530

For Guideline Information:
Please Contact: Gloria Chan at:
sttiregion14coordinator@gmail.com

Electronic Registration:
Details Forthcoming
Onsite Registration:
Begins at 9:30 am

SAVE THE DATE

INTERNATIONAL LENS

UNITED NATIONS

60TH CONFERENCE *of the*
COMMISSION ON THE STATUS OF WOMEN
EMPOWERING WOMEN
THROUGH LEADERSHIP DEVELOPMENT

Featuring STTI Speakers:

- Julie Jones, MS, RN-BC
- Laurie Nagelsmith, PhD, RN, CNE
- Constance Sobon Sensor, PhD, RN, CTN-A

Date: Wednesday, 16 March 2016

Time: 12: 30 pm

Venue: Church Center for the United Nations

777 United Nations Plaza

New York, NY 10017

Event Sponsors:

- Excelsior College
- Sigma Theta Tau International
- Transcultural Nursing Society

Eventbrite Registration:

<https://www.eventbrite.com/e/ngo-csw-forum-csw-60-registration-18396656896>

E-mail Contact: global@stti.org with questions

Toll Free Telephone: 888.634.7575 (U.S./Canada)

UN SUSTAINABLE DEVELOPMENT GOALS

1	No Poverty
2	Zero Hunger
3	Good Health and Well-Being
4	Quality Education
5	Gender Equality
6	Clean Water and Sanitation
7	Affordable and Clean Energy
8	Decent Work and Economic Growth
9	Industry, Innovation, and Infrastructure
10	Reduced Inequalities
11	Sustainable Cities and Communities
12	Responsible Consumption and Production

MAKE A DIFFERENCE

**Sigma Theta Tau International
FOUNDATION FOR NURSING®**

HELPING NURSES

HEAL, LEAD AND LEARN

AROUND THE GLOBE

RISE UP!

**E-MAIL: FOUNDATION
@ STTI.IUPUI.EDU**

BOARD OF DIRECTORS

FACULTY COUNSELORS

Sandra Horvath, SPU ▪ Patricia Munno, FC ▪
Karen Stutzer, CSE

PRESIDENT

Sara Thompson, President

VICE PRESIDENTS

Leilani Feliciano, SPU ▪ Shakira Lateefa
Abdul-Razzaq, CSE ▪ Otilie Rung, FC

SECRETARIES/TREASURER

Sr. Patricia Kennedy, Recording Secretary ▪
Sandra Ooms, Corresponding Secretary,
CSE ▪ Teru Coleman, Treasurer

EXECUTIVE COMMITTEES

2016 – 2017

FUNDRAISING

Kathleen Fagan, Chair ▪ Barbara Carrig ▪
Sr. Patricia Kennedy ▪ Beverley Wright

GOVERNANCE

Sandra Horvath, SPU ▪ Patricia Munno, FC
▪ Karen Stutzer, CSE

LEADERSHIP SUCCESSION

Irene Miller, CSE ▪ Kathleen Motacki, SPU

NEWSLETTER / PUBLICITY

Elaine Kopp, Editor and Chair

RESEARCH / SCHOLARSHIP

Kathleen Fagan, Chair, FC ▪ Ellen G.
Ehrlich, CSE

WEBSITE

Lei Zhu, Webmaster, CSE ▪ Beverley
Wright, Contact Person

CHAPTER

2016 Meeting Calendar

Mu Theta-at-Large Chapter BOD Meeting

Date / Time	Venue	Notations
01/20/2016 7:00 pm to 9:00 pm	Saint Peter's University Englewood Cliffs, NJ Campus	Officer/Committee Reports, Event Planning, and Refreshments

Mu Theta-at-Large Chapter BOD Meeting

Date / Time	Venue	Notations
02/18/2016 7:00 pm to 9:00 pm	Conference Call	Officer/Committee Reports, Event Planning

New Jersey Consortium Leaders Meeting

Date / Time	Venue	Notations
T.B.D. 6:00 pm to 8:30 pm	Rutgers Club New Brunswick, NJ	Dinner Meeting Chapter Reports and 2016 Founder's Day Program Planning

Mu Theta-at-Large Chapter BOD Meeting

Date / Time	Venue	Notations
03/15/2016 7:00 pm to 9:00 pm	Saint Peter's University Englewood Cliffs, NJ Campus	Finalization of Induction Planning

STTI and UN Conference for Women

Date / Time	Venue	Notations
03/16/2016 12:30 pm	UN Plaza New York, NY	STTI Speakers

Mu Theta-at-Large Chapter Annual Induction

Date / Time	Venue	Notations
04/23/2016 11:00 am to 4:00 pm	The Bethwood Totowa, NJ	Ceremony Buffet Meal Guest Speaker(s)

Region 14 Committee of STTI CNE Program

Date / Time	Venue	Notations
05/15/2016 9:00 am to 4:00 pm	Adelphi University Garden City, NY	Breakfast and Lunch Plenary Speaker(s) Papers and Posters

Note: Calendar is subject to change

VISIT THE CHAPTER WEBSITE

www.muthetaatlarge.org